

# High School 2022-2023 Lunch and Breakfast Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Biscuits & Gravy Milk/Juice Choice Assorted Fruit	Pancake & sausage Wrap Milk/Juice Choice Assorted Fruit	Bacon, Egg & Cheese Wrap Milk/Juice Choice Assorted Fruit	Donut Day Milk/Juice Choice Assorted Fruit	Cinnamon Toast Milk/Juice Choice Assorted Fruit
WEEK 1	Chicken Tenders Dinner Roll Mashed Potatoes w/gravy Sliced Carrots Assorted Fruit Milk	Taco Supreme Shredded Lettuce Sliced Carrots Assorted Fruit Milk	Cheese Coney Baked Beans Broccoli Salad Assorted Fruit Milk	Spaghetti & Meatballs Garlic Toast Veggie Blend <u>Marco's Pizza Day</u> Assorted Fruit Milk	Bosco Sticks Pizza Sauce Green Beans Sweet Potato Fries Assorted Fruit Milk
WEEK 2	Asian Chicken over Rice Broccoli or Baby Carrots Chicken Egg Roll \$1.00 Assorted Fruit Milk	Chili Cheese Fries Seasoned Corn Roll Oyster Crackers Assorted Fruit Milk	Chicken Fettuccine Alfredo Breadstick Caesar Side Salad Sliced Carrots Assorted Fruit Milk	10 PC Chicken Nuggets (\$3.30) Potato Smiles Seasoned Green Beans Assorted Fruit Milk	French Toast w/Sausage Hash Brown Patty Biscuit Assorted Fruit Milk
WEEK 3	Boneless Chicken Wings w/Roll Baked Beans Celery Sticks Assorted Fruit Milk	Mozzarella Cheese Sticks Pizza Dipping Sauce Garlic Bread Green Beans/Side Salad Assorted Fruit Milk	Panther Popcorn Bowl Biscuit Mashed Potatoes w/Gravy Seasoned Corn Assorted Fruit Milk	BBQ Beef Rib Sandwich Broccoli Sweet Potato Fries <u>Marco's Pizza Day</u> Assorted Fruit Milk	Chris P Chicken Mashed Potatoes w/gravy Dinner Roll Cucumber Slices/Broccoli Assorted Fruit Milk
WEEK 4	Grilled Cheese on TX Toast Tomato Soup Green Beans Assorted Fruit Milk	3 or 4 Way Chili Oyster Crackers Kidney Beans Seasoned Corn Assorted Fruit Milk	Chicken Baconator Baked Beans Sliced Carrots Assorted Fruit Milk	Build your own Burrito (\$3.30) Rice & Beans Lettuce, Tomato & Salsa Corn Assorted Fruit Milk	Beef Pepperoni Calzone w/Pizza Sauce Caesar Side Salad Broccoli Assorted Fruit Milk



Little Miami Schools

Prices:

Breakfast \$1.85/Reduced \$0.30 Adult \$2.50  
Lunch \$2.80 / \$3.30 / \$3.80 /Reduced \$0.40  
Additional Lunches \$2.80 / \$3.30 / \$3.80  
Extra Milk \$0.55 Adult Meals \$4.10

Menu and variety of offerings are subject to change due to product availability

\* OFFERED DAILY:

**SERVED DAILY:** Hamburger, Cheeseburger, Chicken Patty Sandwich,  
Spicy Chicken Sandwich and Pizza Slices.

Entrée Salads and Deli Sandwiches \$3.80

**TUE/THURS:** Giant Soft Pretzel w/Cheese Sauce

**FRENCH FRIES** \$1.00

French Fries will be offered a la carte with the purchase of a meal.

For complete nutritional and allergen information download the "My School Menus" mobile app or visit [littlemiamischools.com](http://littlemiamischools.com) >>  
Departments >> Food Services >> Menus

NEW!! Online payments can be made by credit card at [PaySchoolsCentral.com](http://PaySchoolsCentral.com).

Cash or check payments may be sent in with your student. To keep lines

moving smoothly and quickly no change will be given at the register. Surplus

funds will be added to the student's lunch account for future purchases.

Smart snack compliant extras are available for purchase

Charging is allowed for meals only. Students may charge up to \$10.00

Families are responsible for negative balances

Visit [www.payschoolscentral.com](http://www.payschoolscentral.com) to fill out a FREE/REDUCED application.

Please contact Ron McWhorter, Food Service Director

with any questions or concerns at [rmcwhorter@lmsdoh.org](mailto:rmcwhorter@lmsdoh.org)

or 513-899-2264

This institution is an equal opportunity provider.

Each week is represented by a color and is a 4 week cycle menu.

Week 1	Week 2	Week 3	Week 4
Aug 15th	Aug 22nd	Aug 29th	Sept 5th
Sept 12th	Sept 19th	Sept 26th	Oct 3rd
Oct 10th	Oct 17th	Oct 24th	Oct 31st
Nov 7th	Nov 14th	Nov 21st	Nov 28th
Dec 5th	Dec 12th	Jan 3rd	Jan 9th
Jan 16th	Jan 23rd	Jan 30th	Feb 6th
Feb 13th	Feb 20th	Feb 27th	Mar 6th
Mar 13th	Mar 20th	Mar 27th	Apr 3rd
Apr 17th	Apr 24th	May 1st	May 8th
May 15th	May 22nd		

